

## BENROMACH 10K 2007

POS	NAME	CLUB	CAT	TIME
1	Simon Pride	Forres Harriers	M	0:32:27
2	Mike Stewart	Keith & District AAC	MV	0:33:12
3	Ross Milne	Moray Road Runners	M	0:33:15
4	Darren Wigmore	Forres Harriers	M	0:33:37
5	Alan Reid	Peterhead AAC	MV	0:34:05
6	John Goodall	Keith & District AAC	MV	0:34:08
7	Stan MacKenzie	Unattached	MV	0:34:50
8	John Matheson	Metro Aberdeen	MV	0:34:57
9	Steve Reeve	Moray Road Runners	MV	0:35:29
10	Frankie Barron	Keith & District AAC	MV	0:35:40
11	Geoff Main	Nairn Road Runners	M	0:35:46
12	Andrew Greig	Peterhead AAC	M	0:35:51
13	Stephen Terney	Perth Road Runners	M	0:35:57
14	Dave Adam	Forres Harriers	M	0:36:12
15	Billy Skinner	Inverness Harriers	MV	0:36:17
16	James Ward	Forres Harriers	M	0:36:34
17	Charles Noble	Fraserburgh Running Club	MSV	0:36:37
18	Paul Miller	Unattached	M	0:36:42
19	G. Donaldson	Garioch Road Runners	M	0:36:46
20	Andrew Reid	Metro Aberdeen	M	0:36:52
21	Robert Paterson	Forres Harriers	M	0:36:53
22	Donnie MacDonald	Unattached	M	0:37:03
23	Paul Webster	Nairn Road Runners	M	0:37:04
24	Kenny Wilson	Moray Road Runners	M	0:37:09
25	Colin Green	Moray Road Runners	M	0:37:13
26	Ross Nixon	Unattached	M	0:37:16
27	Barry Ingram	Fraserburgh Running Club	M	0:37:18
28	George Mitchell	Inverness Harriers	MSV	0:37:19
29	Lewis Walker	Unattached	MV	0:37:28
30	Colin MacKay	Metro Aberdeen	M	0:37:36
31	Steven Taylor	Keith & District AAC	M	0:37:38
32	Christine Milne	Lothian Running Club	FV	0:37:40
33	Colin Cottell	Reading Road Runners	MV	0:37:44
34	Simon Garland	Unattached	M	0:38:04
35	Gary Walker	Metro Aberdeen	MV	0:38:22
36	Harry Mulholland	Lothian Running Club	MV	0:38:23
37	Mark Howls	Forres Harriers	MV	0:38:33
38	Morag Ross	Inverness Harriers	F	0:38:39
39	David Gallie	Inverness Harriers	MV	0:38:41
40	Danny Bow	Nairn Road Runners	MSV	0:38:47
41	Rab Murray	Garioch Road Runners	MV	0:38:53
42	Elaine Whyte	Fraserburgh Running Club	FV	0:38:53
43	Keith MacArthur	Moray Road Runners	MV	0:39:02
44	Adrian Hodges	Forres Harriers	M	0:39:03
45	C. Leith	Metro Aberdeen	M	0:39:09
46	Graeme Jervis	Forres Harriers	MV	0:39:12
47	Paul Rogan	Forres Harriers	M	0:39:13
48	Andy Johnson	Forres Harriers	M	0:39:13
49	Gary Henderson	Moray Road Runners	MV	0:39:25
50	Andy Allan	Unattached	M	0:39:36
51	Iain McIntyre	Highland Hill Runners	MV	0:39:53
52	Donald Morrison	Unattached	MSV	0:39:58
53	Tom Main	Moray Road Runners	MSV	0:40:00
54	Bobby MacDonald	Inverness Harriers	MSV	0:40:02
55	Iain Cruickshank	Peterhead AAC	MV	0:40:23
56	Sam Morrison	Forres Harriers	MSV	0:40:27

57	Kelda Spratt	Unattached	FV	0:40:36
58	Mark Priestley	Forres Harriers	MV	0:40:39
59	Paul Phillips	Unattached	MSV	0:40:52
60	Colin MacGregor	Nairn Road Runners	M	0:40:54
61	Alan Reid	Forres Harriers	MV	0:40:57
62	Siobhan Evans	Forres Harriers	F	0:41:01
63	Malcolm Beharrel	Nairn Road Runners	MV	0:41:02
64	Andrew Newlands	Peterhead AAC	MV	0:41:03
65	David Stewart	Moray Road Runners	MSV	0:41:05
66	Tim Pott	Forres Harriers	MV	0:41:18
67	Gordon Main	Nairn Road Runners	MSV	0:41:21
68	Cliff Nicol	Unattached	MV	0:41:22
69	Kenny Douglas	Forres Harriers	M	0:41:28
70	Dave McCulloch	Forres Harriers	M	0:41:32
71	Steven McIntyre	Unattached	M	0:41:36
72	Richard Bale	Unattached	M	0:41:41
73	Jackie Mair	Inverness Harriers	FV	0:41:42
74	Terry Gallagher	Unattached	MV	0:41:45
75	Alisdair Campbell	Moray Road Runners	M	0:41:52
76	Errol Henry	Jog Scotland	MV	0:42:02
77	Lindsay Grant	Forres Harriers	MV	0:42:07
78	Billy Taylor	Nairn Road Runners	M	0:42:09
79	Andrew Bell	Unattached	M	0:42:12
80	Gillian Cardno-Strachan	Fraserburgh Running Club	F	0:42:12
81	Ross Jamieson	Forres Harriers	M	0:42:14
82	Sarah McGregor	Moray Road Runners	FV	0:42:14
83	Garry Farquhar	Unattached	MV	0:42:15
84	Bruce Taylor	Garioch Road Runners	MV	0:42:15
85	Sandy Grigor	Unattached	MV	0:42:30
86	Ian Cran	Garioch Road Runners	MSV	0:42:31
87	Brian Casey	Falkirk Victoria Harriers	MSV	0:42:34
88	Michael McBain	Unattached	M	0:42:35
89	David Webster	Nairn Road Runners	MSV	0:42:37
90	James Hume	Forres Harriers	M	0:42:42
91	Iaian Allan	Inverness Harriers	MV	0:42:53
92	Marty Paton	Unattached	M	0:42:54
93	Carrie Ann Ward	Forres Harriers	F	0:42:59
94	Beverley Childs	Forres Harriers	FSV	0:43:12
95	Marion Sutherland	Metro Aberdeen	FSV	0:43:14
96	Maureen Mackie	Fraserburgh Running Club	FV	0:43:17
97	Alasdair Mort	Unattached	M	0:43:19
98	Julie Wilson	Inverness Harriers	FV	0:43:19
99	Chris Harding	RAF Lossiemouth	M	0:43:20
100	James Paterson	Unattached	MV	0:43:27
101	M Fellows	Unattached	MV	0:43:31
102	Gordon Munro	Unattached	MV	0:43:39
103	Jim Ingram	Fraserburgh Running Club	MSV	0:43:45
104	Brooke Lafferty	Unattached	MV	0:43:47
105	Colin Grant	Unattached	MV	0:43:52
106	Andrea Davis	Unattached	FV	0:43:57
107	Philip Andrews	Nairn Road Runners	M	0:44:01
108	Rowena Dustan	Metro Aberdeen	F	0:44:06
109	Sarah Houston	Moray Road Runners	FSV	0:44:10
110	Janet McRoberts	Metro Aberdeen	FV	0:44:11
111	John MacGregor	Moray Road Runners	MSV	0:44:16
112	Michael Milmoie	Forres Harriers	MSV	0:44:24
113	Bruce Hay	Unattached	MV	0:44:26
114	Lynne Walker	Unattached	F	0:44:29
115	Jackie Nicol	Forres Harriers	FSV	0:44:31
116	Jenny Bryce	Nairn Road Runners	FV	0:44:32
117	Alistair Sim	Moray Road Runners	MSV	0:44:34

118	Gordon Smith	Lochaber AC	MSV	0:44:37
119	Andrew Little	Unattached	MV	0:44:58
120	Brain Ross	Garioch Road Runners	M	0:45:05
121	Sarah MacAulay	Forres Harriers	FV	0:45:10
122	Iain Grigor	Unattached	M	0:45:14
123	M. Archibald	Unattached	MV	0:45:36
124	Philip Lawson	Jog Scotland	MV	0:45:41
125	Brian MacDonald	Unattached	MV	0:45:48
126	Dougie Flannigan	Nairn Road Runners	MV	0:45:50
127	Simon MacDonald	Unattached	MV	0:45:50
128	William Murray	Moray Road Runners	MSV	0:46:03
129	Moraig Lyall	Forres Harriers	FV	0:46:06
130	Linda Whaley	Forres Harriers	FV	0:46:13
131	Chris MacKenzie	Unattached	M	0:46:16
132	Lambert Munro	Forres Harriers	MSV	0:46:22
133	Alan Milne	Aberdeen AAC	M	0:46:28
134	Rod Hay	Unattached	MSV	0:46:28
135	Alan More	Unattached	MV	0:46:30
136	Kenneth MacLeod	Unattached	MV	0:46:31
137	Melanie Muir	Nairn Road Runners	FSV	0:46:37
138	Barbara Anderson	Keith & District AAC	FV	0:46:50
139	David McRobie	Forres Harriers	MSV	0:46:55
140	Keith Bannerman	Fraserburgh Running Club	MSV	0:47:08
141	Jerry Kenny	Unattached	M	0:47:13
142	Laura Cowie	Forres Harriers	F	0:47:17
143	Allan Smith	Unattached	MSV	0:47:30
144	Brian Milne	Unattached	MV	0:47:31
145	Donald Begg	Unattached	MV	0:47:45
146	Steve Waites	Garioch Road Runners	MSV	0:47:54
147	John Holloway	Forres Harriers	MV	0:47:55
148	Jim Craig	Unattached	MSV	0:48:09
149	Jenny Fleming	Inverness Harriers	FV	0:48:12
150	June Duncan	Forres Harriers	FV	0:48:18
151	Edwin Stewart	Jog Scotland	M	0:48:22
152	Simone Baye	Moray Road Runners	F	0:48:23
153	Scott Billiness	Unattached	M	0:48:34
154	Andrizei Cludy	Unattached	MV	0:48:34
155	Leigh Summers	Garioch Road Runners	MV	0:48:51
156	Stuart Levy	Unattached	MV	0:48:54
157	Bill Garden	Unattached	MSV	0:48:58
158	Chrissie Lafferty	Unattached	FSV	0:49:02
159	William Leaver	Nairn Road Runners	M	0:49:03
160	Jim Connelly	Nairn Road Runners	MSV	0:49:05
161	Paul Ogilvie	Unattached	M	0:49:07
162	Paul McGowan	Unattached	MV	0:49:17
163	Kevin Campbell	Unattached	M	0:49:18
164	Alistair Stewart	Nairn Road Runners	MV	0:49:21
165	Iain Prentice	Nairn Road Runners	MV	0:49:25
166	Marie Third	Keith & District AAC	F	0:49:25
167	Lorna Fraser	Nairn Road Runners	FV	0:49:28
168	Charlie Jarvie	Inverness Harriers	MSV	0:49:33
169	Cora Johnstone	Unattached	FV	0:49:42
170	Heather Stuart	Jog Scotland	FSV	0:49:44
171	Roger Catherwood	Unattached	M	0:49:59
172	Neil MacDonald	Unattached	M	0:50:04
173	Chris Wright	Unattached	M	0:50:06
174	John Berry	Royal Navy AC	MV	0:50:13
175	Paul Taylor	Moray Road Runners	M	0:50:15
176	Shona Spencer	Forres Harriers	FV	0:50:23
177	Sarah-Louise Grigor	Forres Harriers	FV	0:50:24
178	Caroline Pears	Moray Road Runners	FV	0:50:35

179	Paul Nayler	Forres Harriers	M	0:50:36
180	Susan McRitchie	Jog Scotland	F	0:50:43
181	Pamela Hay	Unattached	FV	0:50:44
182	David Stockdale	Denby Dale	MV	0:50:56
183	Pete Brown	RAF Kinloss	MV	0:51:05
184	Bob Eaton	Centurion Running Club	MSV	0:51:11
185	Trudy Leach	Centurion Running Club	FV	0:51:11
186	Frances Russell	Forres Harriers	FV	0:51:14
187	Roz MacFarlane	Unattached	F	0:51:19
188	Pam Walker	Moray Road Runners	FV	0:51:21
189	Tom Harrison	Reading Road Runners	MSV	0:51:22
190	John Robertson	Unattached	M	0:52:01
191	Susan MacDonald	Unattached	F	0:52:01
192	Michael Laing	Unattached	M	0:52:07
193	Jacquie Thomson	Unattached	FV	0:52:20
194	Clare Nicholas	Forres Harriers	FV	0:52:31
195	Colin Gray	Unattached	M	0:52:36
196	Hannah Martens	RAF Kinloss	F	0:52:36
197	Daniel Barclay	Unattached	M	0:52:38
198	Anne Docherty	Forres Harriers	FSV	0:52:46
199	Deborah Munro	Unattached	FV	0:53:02
200	Kevin Robinson	Unattached	M	0:53:04
201	Lorna MacKay	Moray Road Runners	F	0:53:04
202	Ben Cook	Unattached	M	0:53:25
203	S. Gammie	Unattached	FSV	0:53:38
204	Alison Smith	Unattached	F	0:53:41
205	Brian Hair	Unattached	MSV	0:53:45
206	Eddie Froode	Nairn Road Runners	MSV	0:53:50
207	Lisa Taylor	Forres Harriers	FV	0:53:51
208	Anni Johnston	Forres Harriers	FV	0:54:11
209	Carol Jervis	Forres Harriers	FV	0:54:15
210	Robert Bruce	Unattached	MV	0:54:37
211	Sean Anderson	Nairn Road Runners	M	0:54:52
212	David Garrow	Unattached	MV	0:54:53
213	Alan Boyes	RAF Kinloss	MV	0:55:09
214	Rhona Nixon	Unattached	F	0:55:24
215	Rosie Massie	Garioch Road Runners	FSV	0:55:27
216	Pauline Day	Jog Scotland	FV	0:55:28
217	Liz Downing	Unattached	FSV	0:55:36
218	Sharyn Moore	Unattached	FV	0:55:37
219	Stacey Nicol	Keith & District AAC	M	0:55:51
220	Gerald Box	Forres Harriers	MSV	0:55:52
221	Sheena Renton	Unattached	F	0:55:57
222	Chloe Argyris	Unattached	F	0:55:58
223	Ann MacPherson	Unattached	FV	0:55:59
224	Gill Rodgers	Unattached	FV	0:56:05
225	Lisa Cotton	Unattached	FV	0:56:18
226	Katherine Dejonckheere	Unattached	FSV	0:56:23
227	Susan Scott	Moray Road Runners	FSV	0:56:31
228	Jim Dawson	Unattached	M	0:56:38
229	Mags Neison	Unattached	FV	0:56:48
230	Catriona Mortimer	Forres Harriers	F	0:56:54
231	Carol Dean	Unattached	FV	0:57:18
232	Cate Dyson	Unattached	F	0:57:29
233	Alison McInnes	Unattached	FV	0:57:41
234	Jenny Barclay	Unattached	FV	0:58:00
235	Audrey Benvie	Unattached	FV	0:58:18
236	Lynn Mason	Jog Scotland	F	0:58:23
237	Ros Wright	Jog Scotland	FSV	0:58:31
238	Lynette Oldman	Unattached	FSV	0:58:33
239	Rhona Fraser	Unattached	FSV	0:58:41

240	Sarah Arenhurst	Jog Scotland	FSV	0:58:53
241	Karen Stewart	Unattached	F	0:59:12
242	Marvin Nicolson	Unattached	FSV	0:59:37
243	Maggie O'Brien	Unattached	FSV	0:59:37
244	David Allan	Unattached	MSV	0:59:45
245	Emma Wright	Unattached	FV	0:59:55
246	Jodie Ibitson	Unattached	F	1:01:09
247	Lorna Bain	Unattached	FSV	1:01:09
248	Louise Scott	Nairn Road Runners	F	1:01:28
249	Marianne McInnes	Nairn Road Runners	FV	1:01:28
250	Amanda Strang	Moray Road Runners	FV	1:02:00
251	Gillian MacKenzie	Unattached	FV	1:02:04
252	Susan Henderson	Jog Scotland	FSV	1:02:05
253	Linda Nicholson	Unattached	FV	1:03:01
254	May Buckle	Unattached	FSV	1:03:21
255	Maureen Gorden	Unattached	FV	1:03:42
256	Esther Lees	Unattached	FSV	1:03:52
257	Eileen MacKenzie	Jog Scotland	FSV	1:04:32
258	Laurette Duggan	Unattached	FV	1:04:34
259	Sandra MacIver	Jog Scotland	FSV	1:04:47
260	Janine Webb	Unattached	FV	1:04:55
261	Lesley Graham	Scottish Athletics	F	1:05:41
262	Irene Stables	Unattached	FV	1:05:42
263	Gail Speight	Unattached	FV	1:08:05
264	Mary Hawco	Moray Road Runners	FSV	1:09:57
265	Lesley Brown	Unattached	FV	1:12:35
266	Carol-Anne Kenmuir	Unattached	FV	1:12:45
267	Erenia Drummond	Unattached	FV	1:13:04
268	Claire Munro	Unattached	F	1:20:49
269	Jayne Smith	Unattached	F	1:20:49